

**2019**

*Time : 1½ hours*

*Full Marks : 40*

*Candidates are required to give their answers in their own words as far as practicable.*

*The figures in the margin indicate full marks.*

*Answer **all** questions.*

- 1, Read the following passage carefully and answer the questions that follow :

Occasional self-medication has always been part of normal living. The making and selling of drugs has a long history and is closely linked, like medical practice itself, with belief in magic. Only during the last hundred years or so has the development of scientific techniques made diagnosis possible. The doctor is now able to follow up the correct diagnosis of many illnesses with specific treatment of their cause. In many

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(Turn over)

other illnesses of which the causes remain unknown, he is still limited, like the unqualified prescriber, to the treatment of symptoms. The doctor is trained to decide when to treat symptoms only and when to attack the cause. This is the essential difference between medical prescribing and self-medication.

The advance of technology has brought about much progress in some fields of medicine, including the development of scientific drug therapy. In many countries public health organisation is improving and peoples' nutritional standards have risen. Parallel with such beneficial trends are two which have an adverse effect. One is the use of high pressure advertising by the pharmaceutical industry which has tended to influence both patients and doctors and has led to the overuse of drugs generally. The other is the emergence of sedentary society with its faulty ways of living: lack of exercise, overeating, unsuitable eating, insufficient sleep, excessive smoking and drinking. People with disorders

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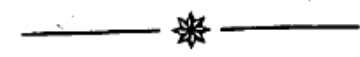
arising from faulty habits such as these, as well as from unhappy human relationships often resort to self-medication: Advertisers go to great lengths to catch this market.

Clever advertising aimed at chronic sufferers; who will try anything because doctors have not been able to cure them; can induce faith in a medicine, particularly if it is steeply priced.

Advertisements are also aimed at people suffering from mild complaints such as simple colds and coughs which advertisements claim will clear up within a short time due to the intake of a medicinal product. 4. These are the main reasons why laxatives, indigestion-remedies, pain killers, cough-mixtures, tonics, vitamins and iron tablets, nose drops, ointments and many other preparations are found in quantity in many households. It is doubtful whether taking these things even improves a person's health or it simply makes it worse. Worse, because the preparation may contain unsuitable ingredients making a person dependent on them. They may also cause

underlying problem may be masked and therefore medical help may be sought. Self-diagnosis is a greater danger than self-medication.

1. (a) Identify the main points of the passage given above in bullet presentation. 5  
(b) Write a summary of the passage given above. 5
2. Write a newspaper report about the celebration of World Environment Day in your college on 5<sup>th</sup> June, 2019. 10
3. Write an email to the Editor of The Hindu highlighting the problem of the dysfunctional libraries in your college. 10
4. Write a covering letter and prepare a Bio-Data to be sent to the Recruiting Manager, WIPRO, Bangalore. 10



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